



1 Cover cough
or sneeze with
tissue!

Throw tissue away!



2

Wash Hands!

Wash hands well with
soap and water for at
least 20 seconds!

3



1

**Cover cough
or sneeze
with tissue!**



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2

**Throw
tissue
away!**



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3

**Wash
Hands!**

**Wash hands well with
soap and water for at
least 20 seconds!**



1-2-3-4-5-6-7-8-9-
10-11-12-13-14-15-
16-17-18-19-20!

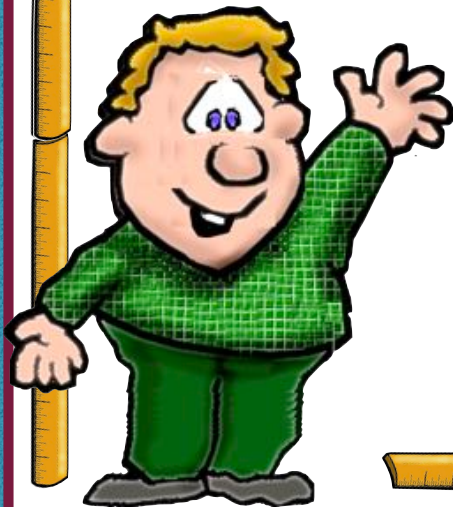
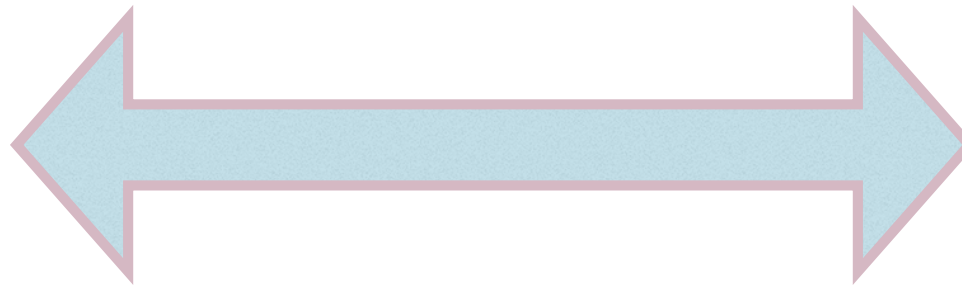
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Stay 6 Feet Apart! (At least!)

(At least 2 Meters)



1 2 3 4 5 6



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Using Visuals To Help Our Students Better Understand Some of the Important Health & Safety Concerns Happening Now

Possible Usage Suggestion Only Actual usage will vary dependent on a user's abilities and disabilities.
THESE MATERIALS ARE NOT INTENDED TO BE AND ARE NOT A SUBSTITUTE FOR ANY MEDICAL OR HEALTH ADVICE FROM QUALIFIED HEALTH PROFESSIONALS!

Help 1 of 2



SpeechPage Publishing Company!

Picture Schedules, Visual Strategies & Hands-On Interactive Language Learning Materials!

FREE!
HELP SHEET
 Help 1 of 2



PURPOSE: We are living in an unprecedented time in which the entire world suddenly has to adapt to a new way of living their daily life to remain safe and healthy, and to keep others safe and healthy. The USA's CDC has posted guidelines for people to follow for best practice. Many of our children, particularly those with special needs and those on the Autism Spectrum, have difficulty understanding verbal directions by themselves. They also may have a strong reaction to changes or transitions from their daily routine. These materials are based on the use of common visual strategy materials used with students who benefit from such materials. The hygiene concepts are based primarily from the guidelines posted on CDC.gov on April 2020. These are based on only SOME of the CDC suggestions. This is not a substitute for any actual professional medical health advice.

THE BENEFITS OF VISUAL PICTURE SYMBOL STRATEGIES:

Some students, (especial those with special needs or on the Autism Spectrum) may have difficulty understanding some of the new ideas for health and safety that we are living with at this time. Visual picture materials and schedules can help to make the ideas of these new daily health routines more understandable to students who have difficulty with abstract concepts. A visual schedule breaks down individual tasks into steps that are represented with pictures, which are better understood by those who have stronger visual learning skills. Schedules are a common part of most peoples' day. Some students may be frustrated because they don't understand why they have to do certain things, or they may not understand that they will eventually get to do what they really want to do. Visuals are neutral in tone. Visuals have the added benefit of not having 'an attitude' to them like a raised voice may have (which can escalate anxiety). Visuals stay in place as long-lasting reminders, while spoken words are gone after they are said. Visuals can remain as a posted reminder when the caregiver is not present. Visuals can help the student develop independent skills, without relying as much on another person's direct interventions. The use of a visual schedule can allow for a student to learn to independently follow the routines needed in their day just like everyone else!

ABOUT ME: Don D'Amore MA CCC-SLP is an experienced certified Speech Language Pathologist illustrates and customizes visual strategy materials, and who has worked with students with special needs who benefit from these types of visual strategies for more than 25 years. Don felt it was important that he immediately create these custom materials especially for our special and important students and their support teams. He hopes to help all users to better cope with these new changes. These materials are designed to help children better understand SOME of the new guidelines and how they may be able to participate in them. Hopefully the students and their support team can stay safe and healthy. These materials **MUST BE FREE** to download and print for personal use. Please share them with anyone who could benefit. Please do not ever use them or any part of them for sale or profit. *Possible Usage Suggestion Only! Actual usage will vary dependent on a user's abilities and disabilities.*

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Using Visuals To Help Our Students Better Understand Some of the Important Health & Safety Concerns Happening Now

Help 2 of 2



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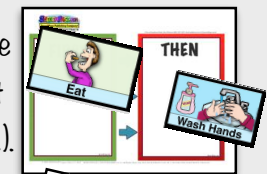
Picture Schedules, Visual Strategies & Hands-On Interactive Language Learning Materials!

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HOW TO BEGIN: If your child is not familiar with schedules, the ideas of a schedule may need to be taught to them in a gradual and positive manner. It is often best to start with the two-step of schedules and then work towards more schedule cards being displayed later. Point to the pictures as you display them to the person, and tell them what they represent as you assist them with the routine. A basic First/Then display board and picture schedule symbols that may be helpful during this time are also included for free. After printing, you may wish to laminate materials and cut out the symbols for repeated long term use.

FIRST/THEN: For example you may say: "FIRST we are going to wash our hands, THEN we can eat our snack" This helps convey the ideas that they will be able to eat a snack, but that washing up does happen first. Anxiety is reduced as they realize they will eventually get to their desired activity (eating a snack) after they go through the part they may not have been interested in performing (washing their hands).



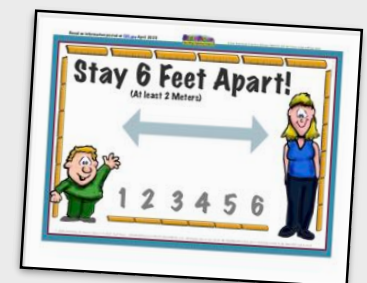
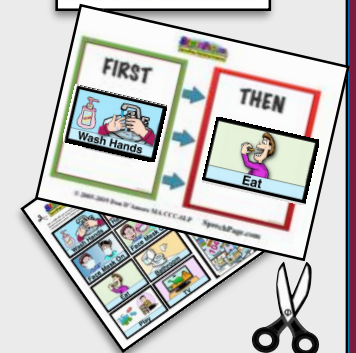
Make the use of the visual schedule system a reinforcing experience! The students will be more inclined to want to begin to complete a schedule that has rewarding and desired outcomes following the task that is less desired. I also offer additional FREE schedule materials on my TpT and SpeechPage website.

DIRECTIVE SIGNS: Some student do best understanding directions when a clear visual display picture is shown. Holding these up or posting them and pointing them out when needed may help these students better understand what is expected of them. Talking about these ideas first with your child in a clear and calm manner may help them to better understand the concepts represented in the visuals. Two different display options for most themes are included to give a variety of usage possibilities.

The 'Face Mask On and Off' signs are designed to help children understand that while there are times they may need to wear these new masks, they are only for little while, and they will soon return to not having to wear them. The 'Tissue Use' signs are designed to break down the steps of the hygienic use of a tissue to cover a cough or sneeze into three simple steps.

These items are based on information posted on [CDC.gov](https://www.cdc.gov) April 2020.

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Why the face mask?

Sometimes we have to wear a face mask when we are out. It helps to keep us and others safe and healthy!

Don't worry! We can still breathe, talk, and laugh!



Pretty soon we will be home again, and we won't have to wear our face mask until told to!



Face Mask ON

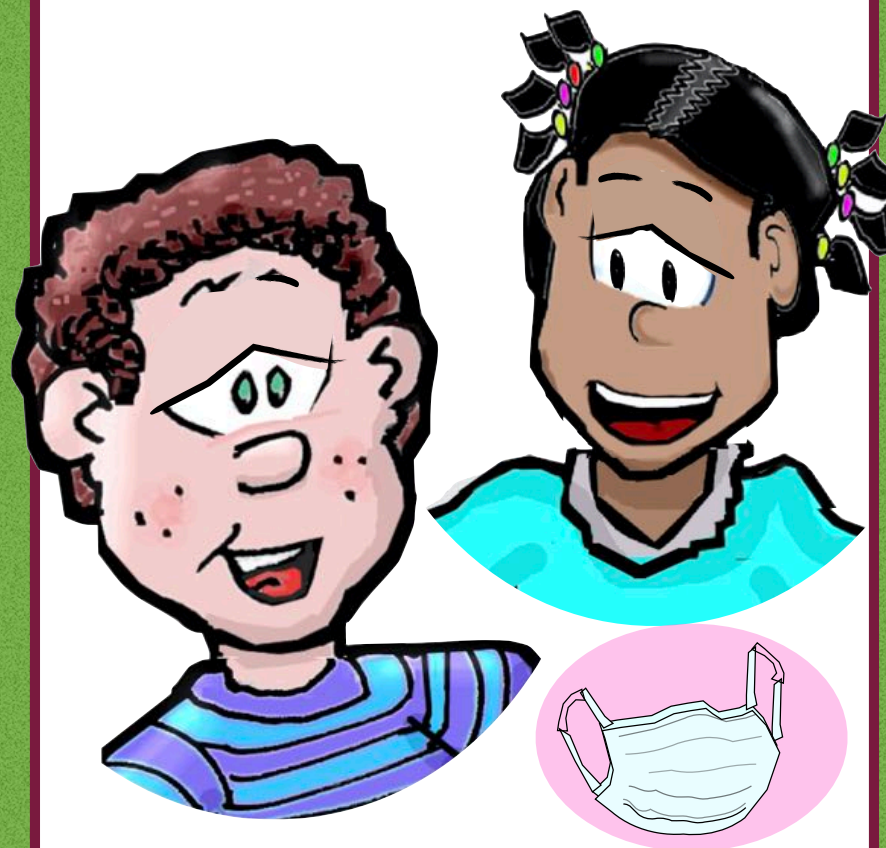
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Face Mask OFF

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FIRST

Wash hands well with soap and water for at least 20 seconds!



1-2-3-4-5-6-7-8-9-10-11-12-
13-14-15-16-17-18-19-20!



Based on information posted at [CDC.gov](https://www.cdc.gov) April 2020

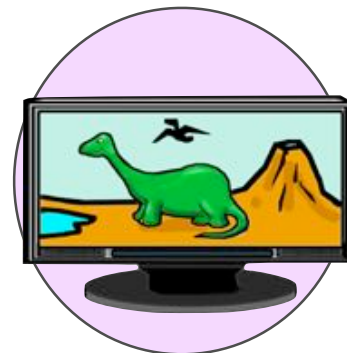
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THEN

Everything Else!



Eat



Watch



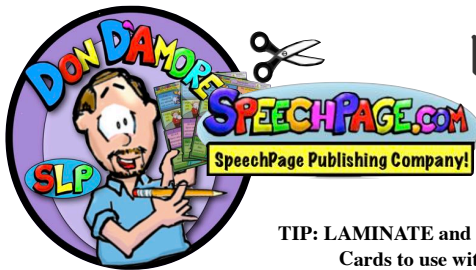
Tablet



Play

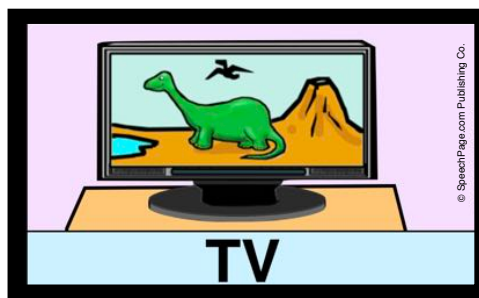
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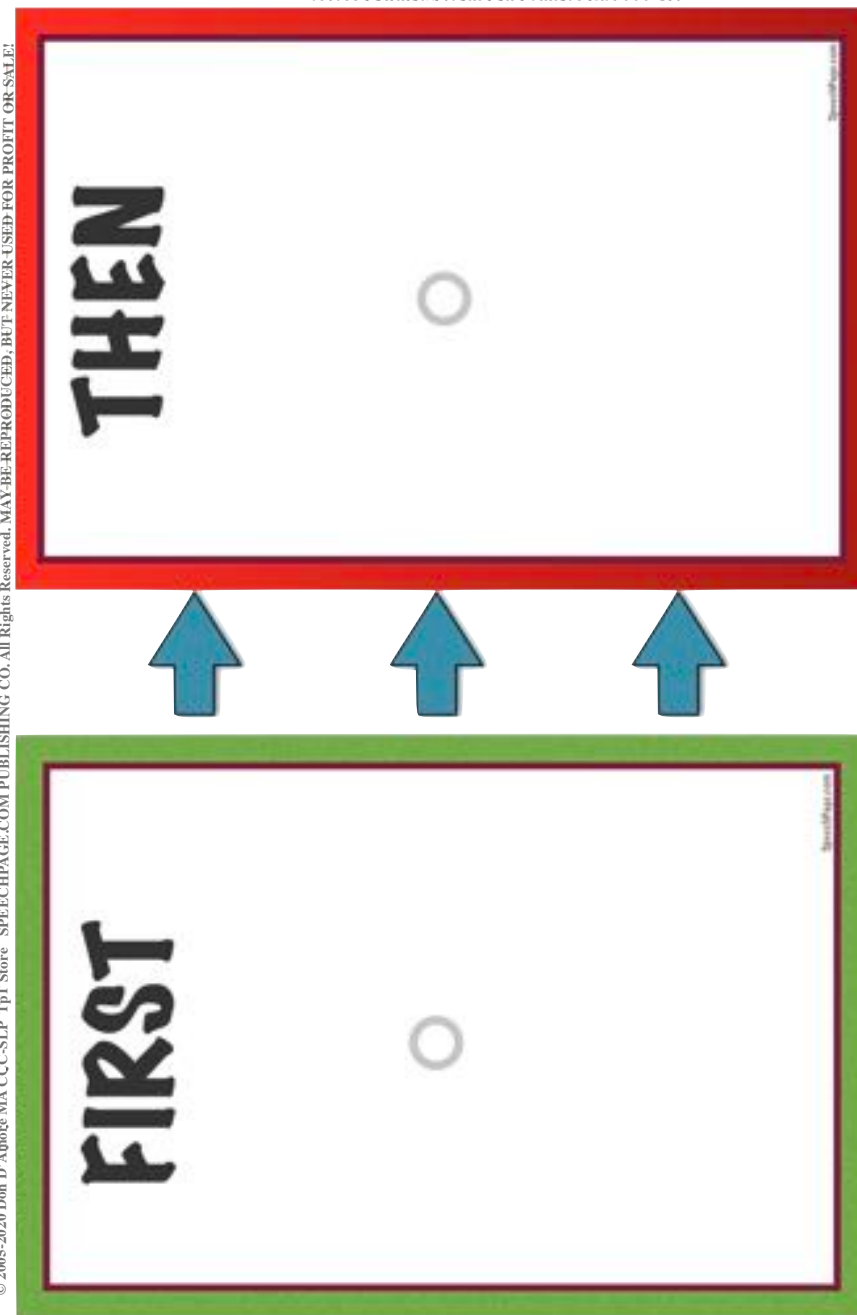
FREE Picture Schedule COMMUNICATION SYMBOLS!

TIP: LAMINATE and cut out these SpeechPage Brand Picture Symbol Cards to use with your communication themed activities.



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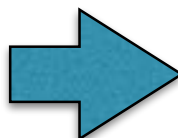
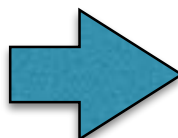
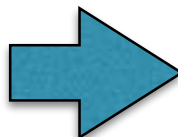
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FIRST



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THEN



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