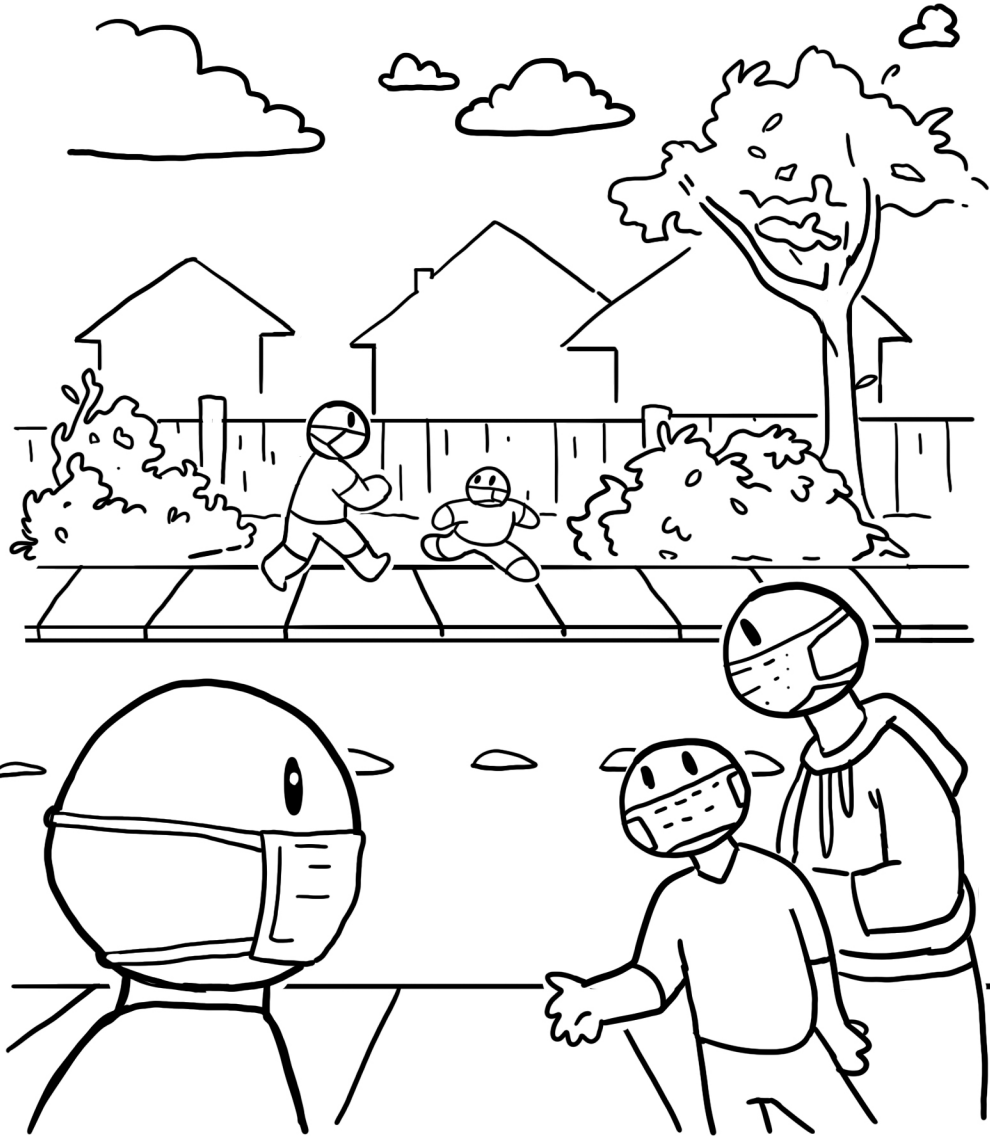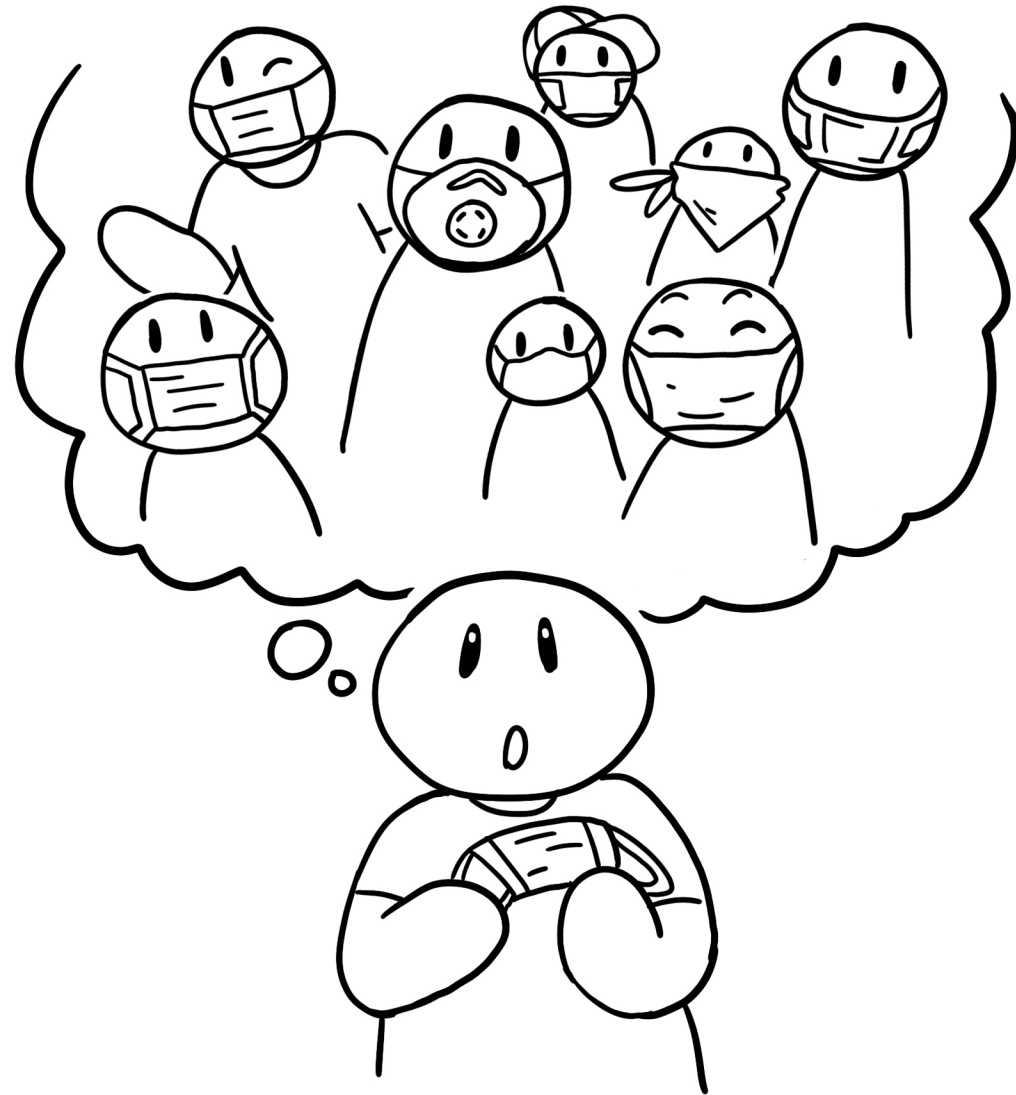**Because of the Coronavirus, people are wearing masks to help keep everyone healthy.**

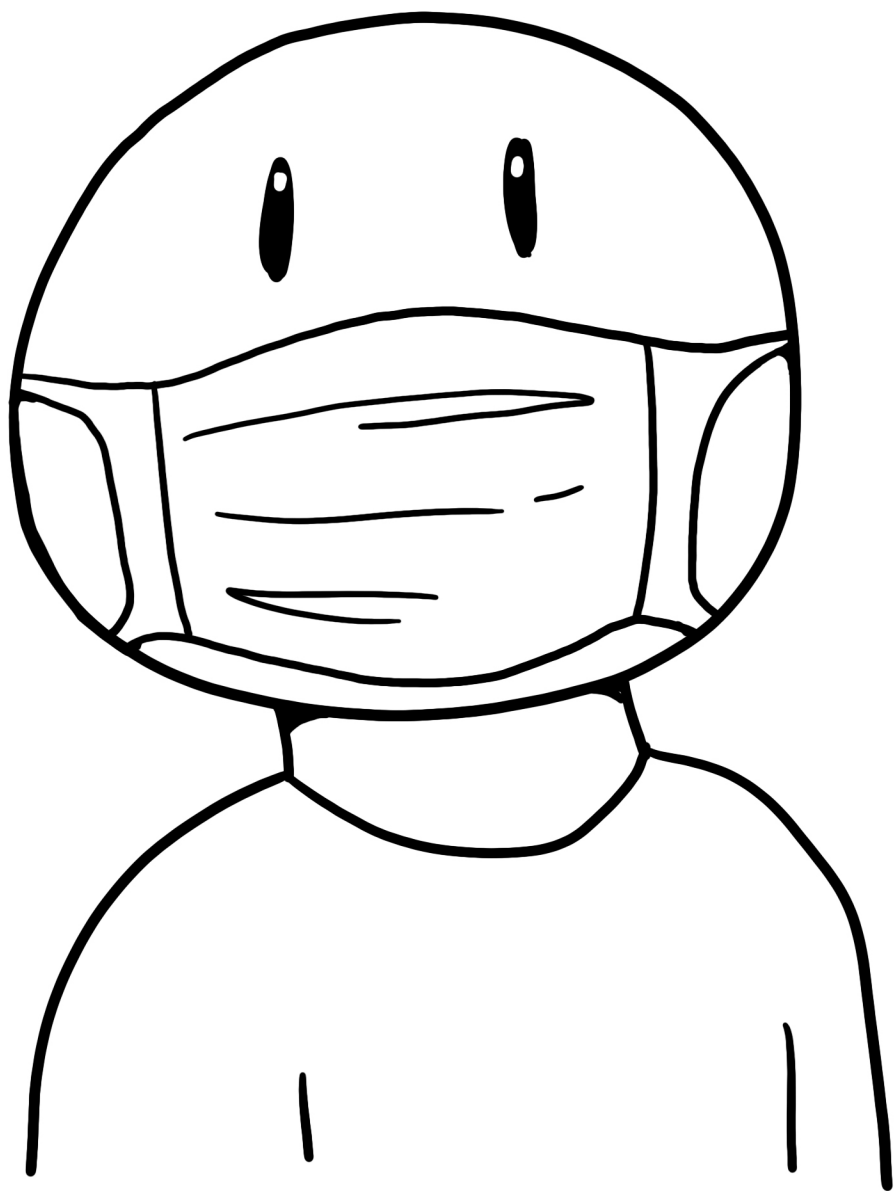**People in my family, neighborhood, and school are wearing masks.**

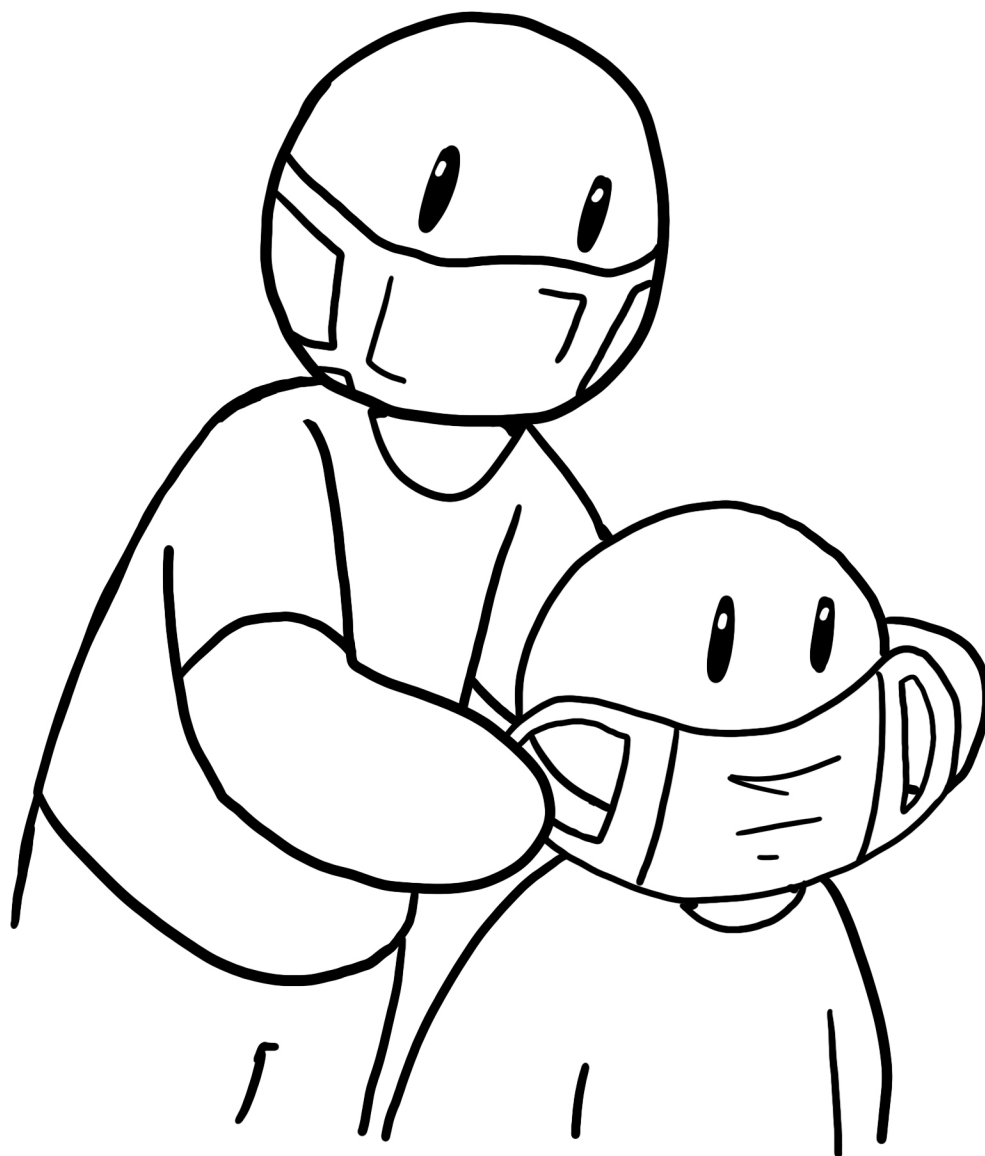**I need to wear a mask too.**

1.

2.

My mask will cover my nose, mouth, and chin. It may feel snug.

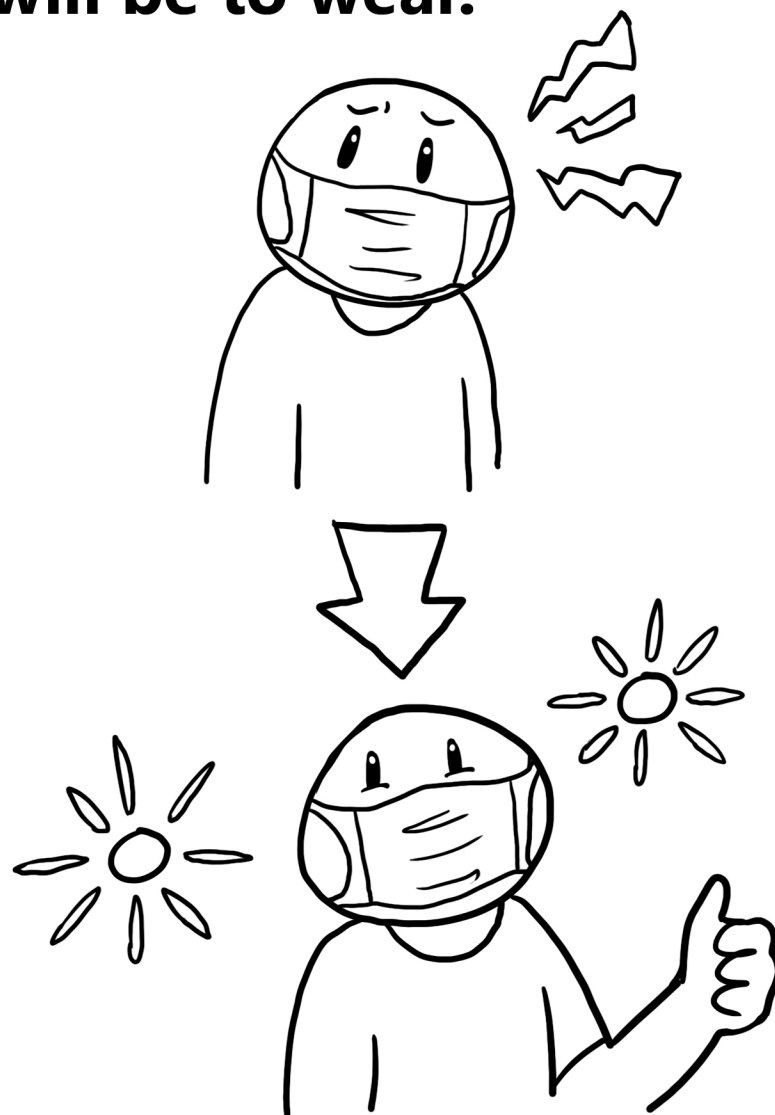**I can ask for help putting on my mask if I need help.**

3.

4.

Wearing the mask can feel warm because of my breathing but that is OK.
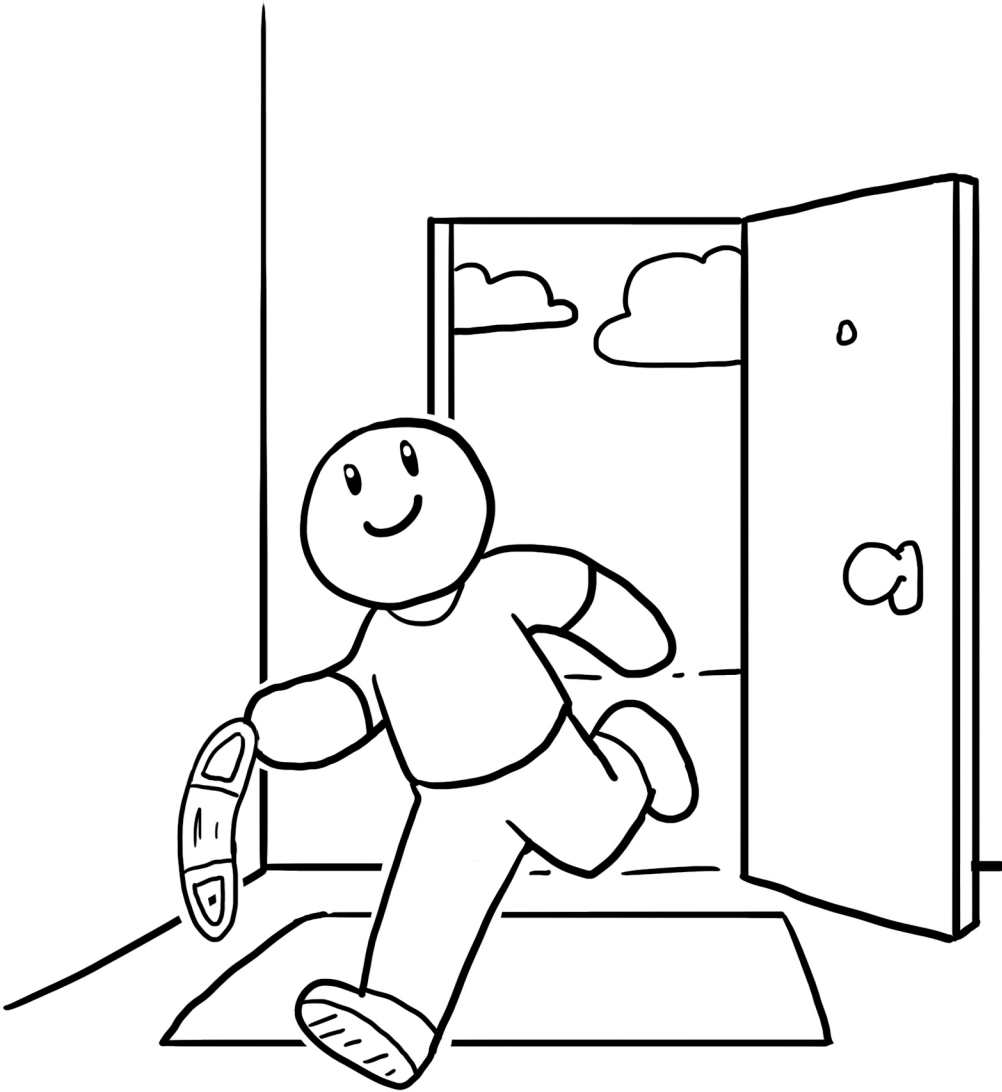
I can still breathe wearing my mask.

At first my mask might not feel comfortable, but the more I practice wearing my mask, the easier it will be to wear.
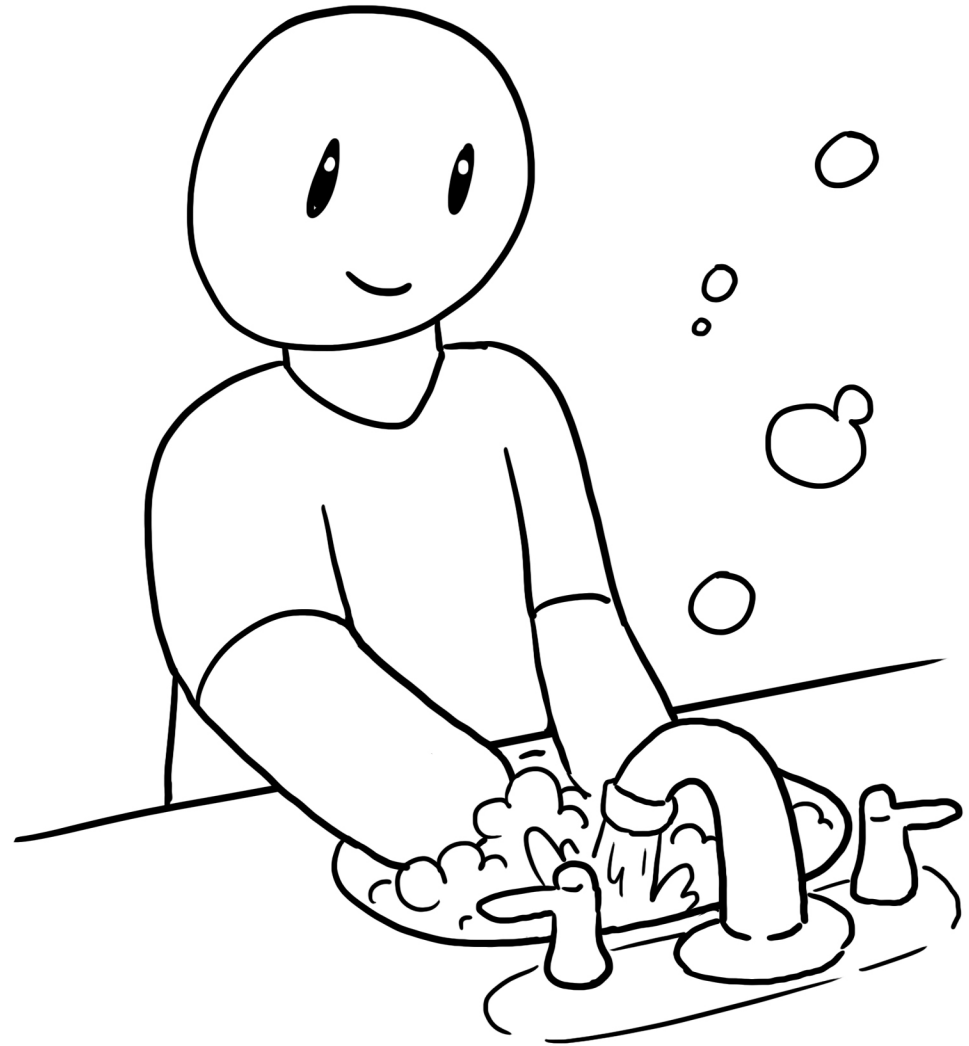
When I go home I can take off my mask.

After I take off my mask, I will wash my hands.

7.

8.

Wearing a mask will help the people in my family, neighborhood and school stay healthy.

I want to help keep people healthy, so I will wear my mask when I leave my house.

9.

10.