

Deep Breaths

Weighted Vest



New Social Emotional Calming Choices Learning Supports! My choice Read Stress Ball Go To Quiet Area Stretch my Body Environments to Help Manage

Overstimulation & Stress

pg 9

Increasing Understanding and Independence with **Visual Schedules**

pg 18

NEW!









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LET'S TALK ABOUT EMOTIONS SET

Help your students learn to identify emotions, understand emotions have different intensities, and understand their own emotional responses with this resource set. Great for helping students understand that the level of their reaction to a situation may not be appropriate based on the situation. This set includes: 16 emotions and four blank faces, I Feel Chart with velcro strips, How Big is My Emotion Chart, How Big is My Problem/Reaction Reproductible Worksheet. Chart size: 9" x 12", emotion cards: 1.75" x 1.75"

#100215\$19.99



CALMING CHOICES CHART

Help your students make good choices when feeling stressed, angry, or overwhelmed. Laminated set includes a choice chart and several 2" x 2" calming choice cards. Additional blank cards allow you to customize choices. When students need to calm down, present them with the chart. Or use it to introduce and practice new calming strategies. This visual support helps students exercise their independence, decision making, and self-soothing skills. Calming Choices include: Weighted Blanket, Weighted Vest, Take a Break, Get a Drink, Deep Breaths, Count to 10, Quiet Area, Stress Ball, Ask for Help, Talk to My Teacher, Stretch My Body, Wall Push Ups, Listen to Music, Draw a Picture, Read, Jump, Take a Walk, and Rest. Size 9" x 12"

#100222 Chart \$14	.99
#100223 3' x 3" Flip Card Set \$9	.99

4 SOCIAL EMOTIONAL LEARNING



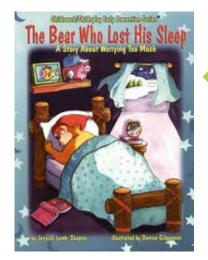
THE COPING SKILLS GAME

Through play students will learn how to build their frustration tolerance when facing academic and social challenges. Teaches essential skills for emotional self-care including: feelings are acceptable and important, adjust your attitude, discover your choices, accept imperfection, give yourself a break, take things one step at a time, treat yourself kindly, plan ahead, and ask for help. To play, players move around the board picking a coping skills card or situation card, moving forward or backward. As players draw cards they must identify feelings or decide which coping skill will help the situation. Scenarios are up to date and are based on common challenges students face. Ages 7-12. For 2-4 players.

#540073\$59.99

SOMETIMES I WORRY TOO MUCH

Anna worries about everything, big or small. In this book, with the help of a school psychologist Anna learns some simple and fun techniques that help her respond properly to her worries. Designed to teach children how to recognize worry, confront fears, and turn their worry around using a positive attitude. Teaches simple tips and strategies for remaining calm and recovering after a meltdown that students can use every day. 60 pages. Ages 5-10.



#540042 \$19.95

THE BEAR WHO LOST HIS SLEEP

Explore the difficult topic of anxiety in a relaxed, safe atmosphere as students identify and talk about bear's worries and learn strategies to manage anxiety. Research shows that common psychological problems can be prevented if children are taught specific coping skills when they are young. A helpful activity sheet in the front of the book will help children understand and practice what they've learned. Ages 4-8. 57 pages.

#540008 \$14.95

WORRY CONTROL GAME

Use the evidence based practices of Cognitive Behavioral Therapy (CBT) to help your students manage stress and anxiety. Evidence based practices include: Education about anxiety treatment by looking at situations that trigger anxious feelings and self talk, relaxation strategies, cognitive restructuring to change unproductive self-talk with realistic thoughts to manage anxious emotions, and identifying times when anxiety was absent to help students repeat what has worked in the past. Rules for both cooperative play and competitive game play. Students will POWER ON for positive self-talk; PAUSE and either act out or describe a relaxation technique; or REWIND and describe a time in the past when they overcame a similar worry or stress. Ages 6-12.

#540075 \$27.99



SOMETIMES I WORRY TOO MUCH

BUT NOW I KNOW HOW TO STOP A Book To Help Children Who Warry When They Don t Need To



STOP, RELAX & THINK GAMES & WORKBOOK

The idea of the Stop, Relax & Think system is exactly that. Learning how to stop, relax and think in difficult situations. The goal of this game is to help impulsive children to learn to communicate their emotions, improve their problem solving skills, and slow down and think before they act. Use this system at home, in the classroom, or in therapy settings to teach students to manage stress and anxiety.

#540065	WORKBOOK & CD \$2	29.99
#540058	CARD GAME\$	27.99
#540069	BOARD GAME \$	59.99

BOILING OVER GAME

This "keep calm" matching game helps students build emotional regulation skills as they make "keep calm" pairs. Players lose a turn if they turn over a "Boiling Over" card. Cards feature calming ideas and "boiling over" scenarios. This is a fun relaxing game with kid friendly graphics that can facilitate conversations around emotional regulation. Set includes game board, 12 matching pairs, and 3 Boiling Over cards. Ages 5+. 2-4 players.



#801104.....\$17.99



6 CONFLICT & RESOLUTION GAMES

Use gameplay to create a safe and relaxed environment that allows your students to explore conflicts and learn essential conflict management skills. Learn how to make a compromise burger, use the keep calm meter, explore alternative positive reactions to difficult situations, and more. This set is designed to teach your students how to manage common conflicts, recognize emotional triggers, and apply several proven conflict resolution techniques. Use this set to help your students reach their social emotional learning (SEL) goals. Includes 2 board games, 1 matching game, 1 counter game, Keep Calm Thermometer, 20 puzzle pieces, counters, spinner, die, and instructions. Grades 1-4.

#800131.....\$24.99

ANGER SOLUTION

Relax + Talk it Out = Self Control. Designed to help students learn positive responses to anger and frustration through practice and role playing so that they can deal appropriately with real world situations. Ages 7-12. 2-4 players.

#540007	BOARD GAME	\$59.99
#540057	CARD GAME	\$27.99



STOP, RELAX, & THINK KIT

Help kids build the cognitive, physical, and emotional skills they need to use appropriate behavior across a variety of settings. Students will learn to quiet and focus bodies and minds so that they can: follow directions, think clearly, and make good choices. Set includes an easy to use workbook and a fun card game that will help you to practice new skills. The Stop, Relax, and Think poster, 1 2 3 4 Relax poster, calming choices chart, When I Feel Angry comic page is a simple social story style comic that reinforces that your students can choose to stop and relax. Recommended for ages 6 and up.



#5400 \$79.99



FEELINGS DETECTIVE

Helps students understand the connection between their feelings, thoughts, and behaviors. Through common social scenarios, your students will learn the positive and negative consequences of emotion based actions. Students will learn to recognize feelings, emotional triggers, the relationship between feelings and actions, behavior consequences, and more. Memory style game format using feelings and feeling talk cards. 4 levels of game play. Play time: 20-40 minutes. 2-4 players. Grades: 1-6.

#540072 \$39.99

EMOTIONS INTERACTIVE READING BOOKS

The interactive reading books were developed by an autism specialist to help you meet your IEP goals. The concepts of feelings and emotions are taught using 20 real life scenarios. Each activity and exercise is designed to help students develop literacy, language skills, and cognition to describe their emotions. Laminated books with 2"x2" velcroed and laminated pictures.

I Have Feelings, Too! An Interactive Reading Book of Emotions For Teens, Adults and Seniors

10

By Joan Green Illustrated by Linda Cornerford



THE EMPATHY GAME

Teach the importance of empathy, nonverbal social cues, and how to recognize the feelings of others in a fun game atmosphere. Through play students will examine various social situations that will prompt them to take on the perspective of another player, read nonverbal cues, and demonstrate non-verbal cues. Fosters compassion, understanding, and acceptance with lots of lively discussion. 2-4 players. Grades 3-12.

#540044 \$27.99



WHAT SHOULD I DO NOW?

Help your students learn problem solving skills for common difficult social situations. To play, students read scenarios and then they must write down their response to the scenario given. However, all answers must correspond to the type of response determined by the spinner. For instance, if the spinner landed on "selfish" players should try to think of what the most selfish response would be. Ages 8-18. 2-6 players.

#540043 \$27.99

HIDDEN RULES GAMES

Play the Hidden Rules game to help your students build their social competence as they discover unwritten social rules. These simple, fun games are played in a similar style to Uno with the added element of talking about and answering social rules questions. This fast game is great when you have extra time in class, therapy sessions, or during your social skills group. Explore hidden rules in the classroom, community, with friends & more. Ages 6-12. 2-8 players.

#540023	Hidden Rules with Friends	\$27.99
#540024	Hidden Rules in the Classroom	\$27.99
#540022	Hidden Rules in the Community	\$27.99
#540021	Social Situations Card Game	\$27.99

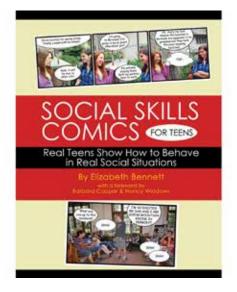




RECIPE FOR A FRIEND

A memory matching style game themed around friendship character qualities. Players take turns flipping cards over to make "good friend" matches while avoiding "bad friend" cards. Use this game to help students identify good friend character qualities. Game includes 20 good friend cards (10 matching pairs), 3 bad friend cards, and gameboard. Ages 5+. 2-4 players.

#801106 \$17.99



SOCIAL SKILLS COMICS

These comics visually teach teens appropriate social behavior for common social situations. Each comic includes a "Wrong Way" and a "Right Way" scenario. Detailed photographs prompt teens to take a closer look at body language and non-verbal cues. Interactive activities will help teens apply scenarios to situations in their everyday lives. A CD with printable handouts will allow your students to practice and review what they've learned.

#540036	KIDS 7-12	\$29.95
#540035	TEENS	\$29.99

8 SOCIAL EMOTIONAL LEARNING



INTERACTIVE SOCIAL & EMOTIONAL BINDER

This SEL set includes 116 interactive hook and loop cards that teach proper responses to common social situations, as well as encourage a better understanding of emotions and feelings! Everything is heavy-duty laminated with hook and loop attachments. All pages are three hole punched for easy storage in the 3-ring binder! Set includes:

6 What Should You Say pages with 8 Lift and Reveal panels per page.

3 Sorting Feelings pages with 12 Lift and Reveal panels per page.

4 Labeling Feelings pages with 12 Scenarios per page.

1 Feeling Label sheet with 30 emotion labels (including duplicates to support working with more than one student or scenario at a time).

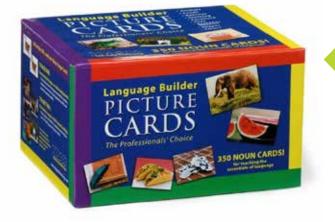
#296009 \$105.99

MORNING CIRCLE-TIME BINDER

Easily lead circle time discussions by presenting one theme page at a time to your students. Sturdy laminated pages cover common themes of discussion used in morning routines in preschool and special education rooms. Topics include: weather, temperature, seasons, month, days of the week, who's here today, the schedule of the school day, and more! Some pages have cards velcroed to them for interactive fun, while other pages are specially designed to be used with a dry-erase marker. This is a great way to involve the whole classroom in morning circle time.

#296011 \$64.99





LANGUAGE BUILDER CARDS NOUNS

This picture card set contains 350 photographic flashcards designed to teach foundation language concepts. Perfect for autism programs, speech language programs, and ECE classes. A comprehensive basic vocabulary photo library.

#304045 \$149.99

Managing Overstimulation and Stress

Individuals on the spectrum frequently become overwhelmed or over stimulated by situations beyond their control. As educators we may not always know the cause of their discomfort so it's important to have a toolbox of calming strategies to help students calm down, refocus, and get back on task. Below are some common calming techniques you can use in the classroom or community.

The Rule of One

Use the rule of one when a student is deeply stressed, anxious or in the middle of a meltdown. Have only one person talk to the student and ask them to do only one thing. Unfortunately, most school models of crises call for bringing in lots of people that usually all start talking at once. Rather than calming a situation this can escalate it. Instead, have one person, ideally the person who has the closest relationship with the student, ask the student to do only one thing. The task should be simple- sit in a chair, go to your calm place, or take some deep breaths.

Deep Breathing

When a student becomes stressed their heart rate increases and their breathing can become fast and shallow. This creates high blood pressure. You can help a student stop this cycle by simply learning to take deep breaths. Deep breathing is a simple stress management tool that a student can use anywhere to calm and re-center themselves. It's important to teach and practice this technique often before stressful situations arise.

Isometric Exercise

Stop for a moment and squeeze your hands together then open them. As you let go of the tension in your muscles you should notice your muscles are more relaxed than before you started. Here are some simple isometric exercises:

- Making a fist and squeezing
- Pushing hands together
- Pushing knees together
- Shrug your shoulders
- Pushing against a wall
- Pulling against a rope tied around a pole on the playground

For a student who is having difficulty understanding the concept of isometric exercise you can give them a stress ball to squeeze. You can place the stress ball between their hands, knees, elbows, or shoulder and neck to help them learn to tense and relax different muscle groups. We have found a pressure activated massage pillow also encourages isometric exercise, while providing calming vibration.

CALMING CHOICES CHART

#100222\$14.99 For more information see page 3.

Deep Pressure

Like isometric exercises, deep pressure also helps the muscles in the body to let go of tension. Here are a few common ways you can provide deep pressure:

- Weighted Items: blankets, vests or lap pads.
- Play dough or putty play include tools to increase muscle resistance so kids really use the muscles in their hands and fingers.
- Massage
- Have students rub lotion on their arms and legs. (Be cautious about smells, it may seem like a good idea to use "calming" lavender lotion but this may make matters worse for the sensory sensitive).

Create a Calming Area

Create a quiet, easily accessible area your students can go to when they are feeling stressed. Good items for this area include weighted items, fidget toys, pillows, bean bags and some headphones. This can be as simple as a corner in a room or even a small area rug with calming items behind a teacher's desk. Make sure to practice going there so the student will identify it as a safe place.

Communication

Often stress happens when someone new is working with a student. Remember to communicate with all team members and especially with new members. This can be as simple as creating a short "cheat sheet." Along with therapy goals make a list of behaviors to watch for that indicates stress, successful calming techniques and contact information for the team leader in case a quick consultation is needed.





PRESSURE VEST

Use deep pressure to help kids and adults relax and focus. Our deep pressure vest feels like a calming hug. Use it to help with anxiety, lack of focus, calming, and more! This 2mm neoprene vest is breathable and easily adjusted with a 2 piece design using hook and loop closures at the shoulders and both sides of the vest. Some therapists prefer pressure vests because you can quickly adjust the amount of deep pressure using stretchy neoprene instead of adding or subtracting weights.

ITEM#	SIZE	CHEST WIDTH/LENGTH	PRICE
#251001-1	XXS	W 15"- 20" L 12"	\$28.99
#251001-2	XS	W 21"- 24" L 14"	\$36.99
#251001-3	Small	W 25"- 30" L 17"	\$45.99
#251001-4	Med	W 31"- 36" L 20"	\$59.99
#251001-5	Large	W 37"- 42" L 24"	\$69.99
#251001-6	XL	W 43"- 48" L 26"	\$89.99

WEIGHTED SUSPENDERS

Provide calming deep pressure quickly and easily with our weighted suspenders. This is a unique alternative to a weighted vest. Each suspender weighs half a pound and lies comfortably across the shoulders. The adjustable straps allow you to accomodate elementary age students. They are easy to put on and take off, just adjust the length and then clip them to the front and back of pants or skirts. This is a discrete option that looks great in regular education classes. This item easily provides soothing deep pressure to your students who are anxious, over stimulated, or frustrated. Weight: 1 pound



#251010 \$24.99



WIPE CLEAN WEIGHTED NECK WRAP

The sturdy wipe clean weighted neck wrap provides 3 pounds of deep calming pressure across the shoulders. The sturdy vinyl cover is easily cleaned with wipes or standard classroom cleaners.

#310278 \$25.99



WIPE CLEAN WEIGHTED BLANKET 🕨

This weighed blanket **never needs to be washed.** Just clean it with classroom wipes. It's a perfect option to help your students de-escalate problem behavior and manage stress and anxiety. Provides calming deep pressure across the body. The curved neck cutout keeps the blanket from bunching around the neck and face. Use it lying down or sitting in a chair. Pockets evenly distribute weight no matter where you use it.

#410210-1	XS	Wipe Clean	 \$149.99
#410210-2	S	Wipe Clean	 \$179.99
#410210-3	Μ	Wipe Clean	 \$259.99
#410210-4	L.	Wipe Clean	 \$299.99
#410210-5	XL	Wipe Clean	 \$368.99



Our cuddly weighted stuffed animals are great as weighted lap pads for wiggly legs during circle time, providing a calming sensory experience in your classroom. Or, use them as a helpful transition item your students can carry for some calming and organizing proprioceptive input. These furry friends work great as a fidget toy by keeping fingers busy stroking the fur or squeezing the legs. Three pounds. Size: 16 x 8 x 8 inches. Hand wash.

А	#102576	TURTLE	\$59.99
В	#410507	SNAKE	\$49.99

COZY CATERPILLAR

The Cozy Caterpillar is like a giant compression sock, providing deep pressure from the shoulders to the feet. Expertly designed to help those who struggle with anger or anxiety, need proprioceptive input, or have focus challenges. The convenient, easy to use design opens on both sides and can roll up like a sash, making it instantly available when your students need it. Features triple stitched heavy duty spandex, making it highly durable. Great for all ages!



#410126	XS\$39.99
#410127	S\$39.99
#410128	M\$39.99
#410129	L\$52.99
#410130	XL \$54.99



PUPPY WRAP 📥

A gentle 2.5 pounds of weight provides just enough deep pressure for preschool and early elementary age children.

#410005 \$49.99

12 CALMING SUPPORTS



DELUXE JELLYFISH LAMP

The calming rhythmic motion of this Jellyfish Lamp makes it a visually interesting focal point for any calming corner in your classroom or sensory room. Colors slowly rotate between red, yellow, green, blue, and pink, or press a button to pick a color of choice. Includes a low voltage AC adapter. An auto-off function will turn off your lamp after four hours. Size: 14" x 5.5" x 5.5"

#258004 \$99.99

SAND PANEL

Just flip over the sand panel on its hinged base and enjoy watching the sand flow down. Sturdy acrylic panel and steel frame. Size: 5.5" x 8" x 1.5"

#240236 \$19.99







Watch the liquid slowly flow down the Ooze Tube to calm and relax. Sure to be a classroom favorite. Size: 5" x 3" x 3"

#501348 \$8.99



LIQUID TIMER

Your students will instantly become visually engaged with the Liquid Timer as two rows of soft circles sink down to the bottom. This calming visual item is great as a reward toy or can be used in your calming area. Size: 6" x 2" .75"

#500247 \$6.99



LUNAR LIGHT SHOW

Place this item in any room to create a calming visual focal point to help students re-center and relax. Slowly rotating colors provide a focal point to soothe overstimulated students. A remote allows you to change colors and patterns. Size: 5" x 5" x 5"

#112659		\$24.99
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VIBRATING NECK WRAP

Get ready for a soothing massage with these adorable vibrating neck wraps. Put it around the neck or lay it on a desk or lap for sensory exploration. Just press the button and instantly feel the calming vibrations. Makes a great addition to the calming corner of your classroom. Ages 3+. Size: 16" x 12" x 6"

#205026-P	PUPPY	\$29.99
#205026-U	UNICORN	\$29.99

RAIN TUBE

Our most popular sensory toy! Your students will love turning the Rain Tube over and over, watching the colorful balls fall and listening to its soothing sounds. Great for teaching cause and effect, sensory play, relaxing, calming, or to reward a job well done.



#112008\$8.99

B-CALM HEADPHONES

Use audio earphones to help students block out distracting noises so that they can focus in the classroom and avoid overstimulation. These comfortable headphones come with audio engineered "acoustic shield" tracks that act as white noise, making typically distracting noices unnoticable so that your student can concentrate. Soothing nature tracks help calm agitated students. Set includes headphones, earbuds, "acoustic shield" soundtracks, carrying bag, and an MP3 player.

#955001 \$138.99



SIRIUS VIBRATING MASSAGE PILLOW

This pillow provides relaxing and calming vibrations as soon as you squeeze it. It features a soft, durable corduroy cover and is foam filled. Gentle vibrations encourage relaxation and work well to calm an over stimulated person. Requires two "D" batteries (not included). Size: 12" x 12"

#390237 \$32.99



14 ACTIVE SEATING - FOCUS HELPERS



GALAXY GEL WEIGHTED LAP PAD

Shiny stars suspended in a glittery gel provide a tactile and visual sensory experience. 5 pounds of weight calms wiggly legs and helps with focus. Size: 18"L x 10"W - 5 Pounds.

#310265 \$42.99



TEXTURED LAP PAD

This generously sized lap pad lays comfortably across the legs to provide soothing deep pressure to help your students calm down, or focus. A handle allows you to carry it from station to station or from one classroom to another. Size: 19" x 23" x 1" Weight: 5 pounds

#205025 \$39.99



WIPE CLEAN HEAVY DUTY LAP PAD

Our sturdy weighted lap pad is perfect for helping students with restless legs. It's easy to keep clean, featuring wipeable vinyl. Re-inforced nylon stitching ensures high durability and resistance to wear. Choose from 3, 4, or 5 pounds of weight. Size: 18" x 8" x 1"

#180500-3	3 lbs \$49.9	99
#180500-4	4 lbs \$49.9	99
#180500-5	5 lbs \$49.9	99

ANIMAL LAP PAD

Soft fur covered lap pads features five pounds of soothing weight that fits perfectly across the lap. Provides deep pressure to help your students with autism, ADHD, or sensory needs focus and relax. Spot wash removable cover. Size: $15" \times 14" \times 4"$

#205024	DOG	\$39.99
#205032	UNICORN	\$39.99

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

BOUNCY BANDS

Have an active student? Attach Bouncy Bands to the student's chair or desk to give them a discrete movement solution in class. Great for providing an outlet for over-active, frustrated, or anxious kids, the heavy duty band won't break as your students kick and push against it with their feet. Discreet, effective, and non-intrusive to other students.

#205001	13" - 18"	Elementary Chair Legs \$13.99
#205002	17" - 24"	Middle/High School Chair Legs \$14.99
#205003	20" - 28"	Standard Desk \$14.99



FOOT SWING

Provide lots of in-seat movement with the sturdy foot swing. Silently enables your students to release fidgety energy. Easily fits under desks and is made of heavy duty steel and thick rubber for long use. Size: 18"x13"x11"



Give your students with ADHD and attention challenges the movement of a therapy ball with more stability and less distractions to fellow classmates. Sturdy wiggle seats include a pump for easy inflation. Antimicrobial version available.

#201005	CHILD (27 CM)	\$19.99
#201006	ADULT (33 CM)	\$24.99
#205006	ANTIMICROBAL CHILD (27 CM)	\$20.99
#205007	ANTIMICROBAL ADULT (33 CM)	\$24.99

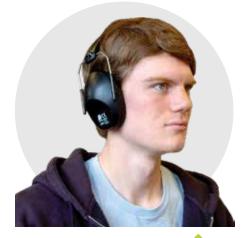


BALL CHAIR WITH LOCKING CASTERS

No more rolling balls in your classroom! Provide all of the active seating of a ball with the stability of a chair. Max weight: 220 lbs. Size: $50 \times 60 \times 79$ cm.

#940019 \$149.99

16 ACTIVE SEATING - FOCUS HELPERS



NOISE REDUCTION EAR MUFFS

Help kids with autism and sensory issues manage sound challenges. Great to use during assemblies, lunch room, or fire drills. Ear muffs help muffle sound when students need to concentrate. Originally made for the shooting range, these ear muffs can also help during fire drills.

#902701 \$24.99



VIBES EARPLUGS

Originally made to dampen noise at concerts. These earplugs help students that are easily distracted or help the sound sensitive concentrate in the classroom. They are a great inclusion option because of their discrete design. Can also be paired with an attachable cord making them easily accessible.

#902706 \$26.99 #902707 ATTACHABLE CORD \$2.99



B-CALM HEADPHONES

Use audio earphones to help students block out distracting noises so that they can focus in the classroom and avoid overstimulation. These comfortable headphones come with audio engineered "acoustic shield" tracks that act as white noise, making typically distracting noices unnoticable so that your student can concentrate. Soothing nature tracks help calm agitated students. Set includes headphones, earbuds, "acoustic shield" soundtracks, carrying bag, and an MP3 player.

#955001 \$138.99



TIME TRACKER MINI

This timer stays green, then turns yellow to warn time will soon be up, and finally red as it counts down the time. This progression allows highly visual students to understand how much time is remaining with just a glance. Use it on a student's desk or to help kids stay on task at a center. Size: $6.1^{\circ} \times 4.1^{\circ} \times 4.1^{\circ}$



LIQUID TIMER

Your students will instantly become visually engaged with the Liquid Timer as two rows of soft circles sink down to the bottom. This calming visual item is great as a reward toy or can be used in your calming area. Size: 6" x 2" .75"



SMARTTIME TIMER

This 4" x 3" timer features large, easy to read numbers. Set the timer with a press of a button in increments of 10 minutes, 5 minutes, 1 minute, and 10 seconds. When time is up, the alarm will beep and flash. Beeping sound is optional. Includes a built in stand, hooks, and magnets allowing you to mount it to a wall, hang it on your magnetic white board, or stand it up on your student's desk. Size: 4" x 3" x 4"

#590002 \$21.99

#500247 \$6.99

#320015 \$19.99

For Bulk Discounts Email: po@nationalautismresources.com

ACTIVE SEATING - FOCUS HELPERS 17



Guaranteed to keep kids' hands busy. This ultimate fidget set is a selection of our bestselling fidgets with a variety of textures and features. Each sensory toy feels great, is durable and quiet, and won't distract other students. Substitutes of similar items may be made depending on inventory. Assorted colors. Ages 5 & up.

#901000 \$45.99





TANGLES

Tangles are quiet fidgets that make great focus helpers. They have been a teacher favorite for years. Use them to help relieve stress with repetitive twisting, provide discreet sensory play for sensory seekers, and encourage fine motor development.

А	#350274	TANGLE THERAPY	\$11.99
В	#350272	TACTILE TANGLE RELAX	\$5.99
С	#350001	TANGLE JR	\$5.99

PLAYABLE ART BALL

This is a fun quiet activity that can be taken anywhere. Larger size fidgets will get both hands moving as you play. Twenty brightly colored 1.5" birch wood balls allow you to bend and move them in a variety of directions or take them apart and rearrange the colors. Size: 7" x 7" x 2"

#770003 \$32.99





Helping Students Understand Daily Routines With Picture Symbols The Amazing Power Of A Picture Schedule!

We all use a schedule! Everyday we follow a schedule we have in our memory or use a written schedule on our calendar or phone. Think about what happens when there is a disruption in your routine: your car breaks down, you get a call that someone needs you now, or you lock your door and realize your keys are inside. Now consider the stress you felt on your first day at a new job. So many things are new and unpredictable! These changes cause stress as you sort out what is happening, and what you have to do next.

Whether a person has a disability or not, we all experience stress when we are unsure about key aspects in our day: where we will be, what we do, how long an activity will last, and/or what is coming next. As we understand a situation our stress levels go down. In a calm state it is easier to think about and imagine possible solutions to disruptions in our day.

Now, think about your students who struggle to understand abstract concepts like a daily routine. Common disruptions are stressful and are not so easily understood! This is where visual picture representations can help! A picture schedule provides a tangible representation of a student's abstract daily routine. Now a sequence of events that may have appeared to come at your students at random can be easily expected and anticipated.

How to Start

For a person beginning to use a picture schedule, we often start with a simple "FIRST-THEN" display board. A picture symbol such as a "Wash Up" is placed in the "FIRST" area and then a second picture such as "T.V." in the "THEN" spot.

Point to the pictures as you display them to your student. For example, you may say: "FIRST we are going to wash up, THEN we can watch TV." This helps convey the idea that they will watch T.V., but washing up happens first. Anxiety is reduced as they realize they will get to their desired activity (watching T.V.) after they finish the activity they may not have been interested in performing (washing up).

A picture schedule must be taught, and it's effectiveness should increase over time. It is a good idea to begin with pleasant activities so that the individual will want to participate. For example, you can start with two desired items such as FIRST: "Fruit", THEN: "Game". As the idea of following a picture schedule becomes better understood, 'less desired' daily activities can be added to the first location.

Once a student understands the two-picture symbol display you can add more pictures. Eventually you can display a series of schedule pictures working in more activities that may not be highly desired. An example of a longer schedule might be: "Wash Up", "Dinner", "Dish Washer", "Cookies", "Work Sheets", "T.V.", "Toothbrush" "Pajamas" "Book" and "Bed".

Tips For Displaying Picture Symbols

- Changes in a routine may be challenging. Having a symbol for disruption such as one that says "CHANGE" can help students know there is a change in the routine but the schedule they know will continue afterwards.
- Having the most desired part of the routine placed in a special spot on a longer schedule can remind your student of what they are working for.
- Laminated picture cards will stand up against repeated use.
- Using velcro to attach pictures to a display board is the most common display method. They can be rearranged or removed after a task is completed.
- You can lightly tape cards onto holding areas or use clear vinyl display pockets to arrange a sequence of common routines that do not change much.
- It is useful to remove an image or have a cross off/ check off aspect in a picture schedule. This can provide a feeling of accomplishment and clarify what is next in the schedule.

A goal for a picture schedule can be to foster independence.

As your student's skills grow, they can become more responsible for their schedule by checking what is next and removing completed tasks. An occasional reminder of "please check your schedule" may be all that is needed to keep your students on task.

Eventually a student may be able to follow a daily routine without direction from others. As a student learns to follow a schedule, anxieties that came from the frustration of not understanding sudden changes in their day can decrease. Schedules can help at home and at school, and the collaborative use in both environments can reinforce the effectiveness of this type of visual strategy.

Don D'Amore M.A. CCC-SLP Has over 20 years of extensive experience working with Augmentative/Alternative Communication (AAC) and with communication strategies for individuals with Autism Spectrum Disorder (ASD).In 2009 he received the "Honors Of The Ohio School Speech Pathology Educational Audiology Coalition".

Please note: this information should not be used as a substitute for the advice of your Speech Language Pathologist, Doctor, or other health care provider. Any recommendations specific to a client is dependent on the many unique aspects regarding the individual, such as age, disability, abilities and other relevant factors. It is recommended that any person with a suspected disability have a complete multi-factored evaluation, and direct consultation with professionals take place before any treatment program is initiated.



FIRST THEN / FIRST THEN NEXT

Introduce your students to the concept of time, order, and multiple steps. Helps students with transitions by understanding what happens after a certain task or activity is done. This helps reduce anxiety and the stress of uncertainty. Teaches students where and how to look for information on what he or she will be doing right now and what is coming next. Includes 3 charts. Features loop tabs that allow for universal use for many different tasks. Boards are fully laminated. Set includes 3 boards.

#100218	FIRST THEN, 7" x 3"	\$4.99
#100210	FIRST THEN NEXT, 8.5" x 3.5"	\$5.99

TO DO / DONE CHART

Build understanding, foster independence and decrease anxiety with our easy to use To Do/Done Chart. Great for students who need to see how far along they are in their day or to see what needs to be done before the next task. Easily attach your schedule icons to the loop columns. Your students will stay on task and feel a sense of accomplishment as they move each activity to the "done" column. Size: 8" x 17" (Picture cards not included.)

#100219 \$10.99



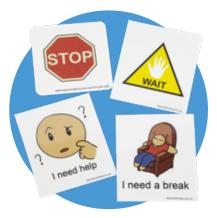


PICTURE SCHEDULE KIT

Quickly and easily create custom picture schedules! Build understanding, encourage independence, and decrease anxiety in students with autism and communication challenges. Includes 36 2.5" x 3.75" laminated activity cards.

Activities include: art, assembly, bathroom, brush teeth, computer, gym class, library, lunch, field trip, sensory time, and more. **Set includes:** 5 laminated schedule charts to display 4 activities with a blank clock face. Cards can be written on with dry erase marker and erased for reuse again and again. Set includes: 36 activity cards, 5 schedule charts, vinyl storage pages, and sturdy 3-ring storage binder.

#296008 \$59.99



VISUAL CUE CARDS

This handy set of 4 cards provide a quick visual reminder to your students. Size: $3^{"} \times 3^{"}$

#100217	STOP	\$2.99
#100224	WAIT	\$2.99
#100225	I NEED HELP	\$2.99
#100226	I NEED A BREAK	\$2.99
#100227	SET OF 4	\$2.99

20 VISUAL SUPPORTS



VISUAL SUPPORT STARTER SET

Encourage communication skills, decrease frustration, and build independence for those with auditory processing or verbal communication challenges. Includes the basics of what you need to start using pictures to communicate, including 150 of the most common pictures used for picture communication. Daily activities, emotions, foods, clothing, chores and more. Includes charts based on therapist requests to help encourage independence.

This set includes:

150 1.75" x 1.75" Picture Communication Cards
1 To Do/Done Chart
3 First/Then Charts
3 First Then/Next Charts
5 Stop Cards
1 I Feel Chart for your emotion pictures
Velcro Coins

#100221 \$49.99

Fine Hug II Sick Scared Just Fine Hug II Angry Embara -xcited ? Happy Tam

PICTURE CARD SETS

Use our laminated Picture Communication Cards to help students with communication, independence, transitions, and increasing understanding. These cards include the most common pictures you will need to help your students communicate. The velcro backing allows you to easily attach them to your schedules or sentence strips. Cards are laminated, making them durable and easy to clean. Each picture measures 1.75" x 1.75."

#100206	EMOTIONS \$5.99
#100203	SCHOOL \$5.99
#100201	HOME\$13.99
#100202	CHORES \$5.99
#100204	FOODS \$9.99
	HEALTH \$5.99
#100208	ACTIONS \$5.99
#100207	175 CARD SET \$29.99

PICTURE THIS

Create photo realistic communication pictures, flashcards, schedules, choice boards, charts and more. The easy to use software can put several photos together in various sizes, with optional text and colored borders. Search function allows you to quickly find pictures. Over 5000 photos covering 38 categories such as: actions, animals, bathroom, body, chores, clothing, colors, emotions, food, health, holidays, household, sequences, time, tools, vehicles, and more. Windows 7, Mac OS X 10.2 & higher.

#282051 \$89.99



CALMING CHOICES CHART

Help your students make good choices when feeling stressed, angry, or overwhelmed. The simple set includes a choice chart and several 2" x 2" calming choice cards to choose from. Additional blank cards allow you to customize choices to meet your student's needs. When students need to calm down, present them with the chart. Or, use it to introduce and practice new calming strategies. By giving students a choice, you are providing a visual support that helps them exercise their independence, decision making, and encourage self-soothing skills. Calming Choices include: Weighted Blanket, Weighted Vest, Take a Break, Get a Drink, Deep Breaths, Count to 10, Quiet Area, Stress Ball, Ask for Help, Talk to My Teacher, Stretch My Body, Wall Push Ups, Listen to Music, Draw a Picture, Read, Jump, Take a Walk, and Rest. Size 9" x 12"

#100222\$14.99

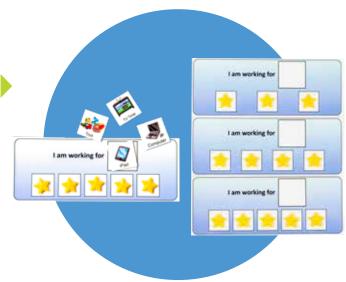


How Big is My Emotion? The Contract of the Con

LET'S TALK ABOUT EMOTIONS SET

Help your students learn to identify emotions, understand emotions have different intensities, and understand their own emotional responses with the resource set. Great for helping students understand that the level of their reaction to a situation may not be appropriate based on the situation. This set includes: 16 emotions and four blank faces, I Feel Chart with velcro strips, How Big is My Emotion Chart, How Big is My Problem/Reaction Reproductible Worksheet. Chart size: 9" x 12", emotion cards: 1.75" x 1.75"

#100215 \$19.99



TOKEN BOARD

Work on one goal, behavior, or task with our token boards. This easy to use reward system provides positive reinforcement for on task behavoir. Place a picture or write the reward your student is working for in the blank box. Each board is

laminated and includes plastic reward stars. Size: 11" x 4"

#100220-3	3 STAR	\$6.99
#100220-4	4 STAR	\$6.99
#100220-5	5 STAR	\$6.99
#100220-S	SET\$	14.99



PICTURE COMMUNICATION STARTER KIT

This set features 400 of the most highly used communication cards to help you quickly start picture communication with your students. Quickly and easily create a communication binder, visual schedules, choice boards, or sentence strips. Use it to support communication around foods, greetings, people, calendar words, transportation, action words, art and school supplies, furniture, toys, body parts, cloths, common wants & needs, and more. Designed by an Augmentative Communication SLP with over 20 years of experience. Each 2" x 2" card features a full color image that is laminated, cut, and ready to use. Each image and symbol is clearly labeled with bold text encouraging literacy and word recognition. Set includes binder, 400 pictures, and 12 vinyl 20 pocket protector sheets.

#296001 \$119.99

INTRO TO PICTURE COMMUNICATION

The Intro to Picture Communication Set uses laminated and velcroed picture cards attached to illustrated pages to teach the basic concepts of communication using picture cards. It's difficult to teach independent expressive communication to some students. This set creates motivating activities your students will enjoy with instructions and suggestions. The activities encourage students to use matching picture symbol cards to communicate and participate. Students open 'movable doors' to find what's inside, ask for parts of fun interactive puzzles, and communicate while putting together collections of fun food theme pictures. Everything is heavy-duty laminated and three hole punched for easy storage in a 3-ring binder! Designed by an augmentative communication SLP with over 20 years of experience.

#296012 \$144.99





RECEPTIVE LANGUAGE

Each activity has multiple elements that allow you to adapt it to your students individual needs. For example: one prompt can be "Put a banana on a tree". A more complicated prompt sequence could be: "Place the small banana on the big tree". A complex multi-step sequence to follow can be: "Place the big banana on the small vine on the big tree." Students will enjoy following directions while completing functional themes involving food preparation such as "Put cheese and two pickles on the burger!" Silly and fun themes include interacting with 'aliens' on their 'planet', an activity for each season, following directions for making cheeseburgers, icecream sundaes and more! This set contains over 100 different laminated and velcroed picture cards attached to illustrated pages designed to teach listening and following multiple step directions! 'Helper' pages are packed with suggestions and cover a wide-range of prompting ideas! Everything is laminated and three hole punched for easy storage in a 3-ring binder! Bundle 2 contains 96 different laminated and velcroed picture cards attached to illustrated pages. Themes include interacting with fun robots on their planet, kids on a picnic, assembly of a sub sandwich and many more!

#296013	BUNDLE 1	 \$119.99
#296014	BUNDLE 2	 \$119.99

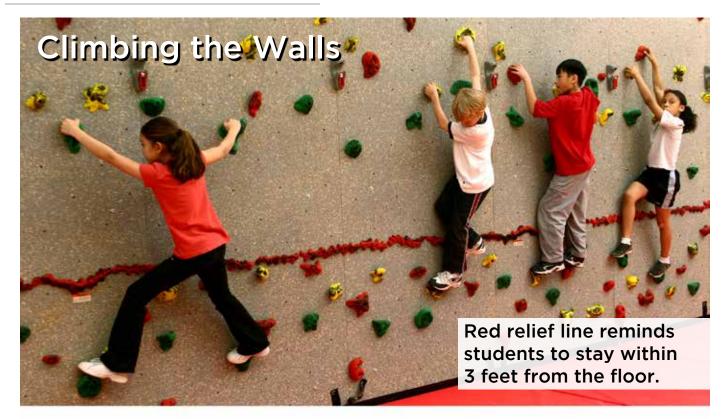
WH QUESTIONS BINDER

Help your students ask and answer open ended questions including: who, what, when, where, why, and how. 90 Interactive hook and loop cards illustrate different Wh-Questions. Lift the card to reveal a matching illustrated answer. This bundle also includes specially designed pages with concentrated sources of illustrated prompts for Wh-Questions, as well as additional pages with a total of 600 written Wh-Question Prompts! All pages are three hole punched for easy storage in a 3-ring binder. Designed and illustrated by Don D'Amore MA CCC-SLP, a Speech Language Pathologist with over 30 years of experience.

#296010	\$99.99



24 SENSORY ROOM & OT SUPPLIES



Each 4' panel includes 20 hand holds and 66 mounting holes so you can create a climbing experience based on a student's ability.

Grips are color coded based on difficulty level.

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

SENSORY ROOM & OT SUPPLIES 25





Safety Mat Lock System prevents unauthorized climbing.





Order Online at NationalAutismResources.com

Traverse Walls®

An adventurous mindfulness activity that builds coordination, body awareness, motor planning, stability, balance, weight transfer skills, and more. Builds confidence with positive risk taking experiences that gives students a sense of accomplishment. Hand holds color coded by difficulty level. 66 mounting holes allow you to create a variety of climbing experiences. Red foot placement line helps students from climbing above three feet. Safety mat lock system folds over the climbing wall preventing unauthorized climbing. Choice of Red or Blue mat (custom colors available).

STANDARD TRAVERSE WALL

Each 4" wall panel includes: 66 t-nuts and holes, 20 hand holds (in a variety of styles), Color-coded climbing routes, Red-relief Line®, Educator Guide, and 2" mats with Cordless Mat-Locking® System. Your choice of standard or slate color. Indicate color when ordering.

ITEM#	SIZE	PRICE
#830020-4	8' x 4'	\$1,199.00
#830020-12	8' x 12' 9	\$3,499.00
#830020-20	8' x 20'	\$4,499.00
#830021-4	10' x 4'	\$2,349.00
#830021-12	10' x 12' 9	\$6,999.00
#830021-20	10' x 20' \$	10,999.00

WEEKIDZ TRAVERSE CLIMBING WALL

This preschool climbing wall includes all of the benefits and features of a standard climbing wall. The 6'10" wall includes red and yellow hand holds in a variety of child-friendly shapes. The Red-Relief Line® reminds climbers to stay within a distance of 2 1/2 feet from the floor.

ITEM#	SIZE	PRICE
#830020-4	8' x 4'	\$1,199.00
#830020-12	8' x 12' 9	\$3,499.00
#830020-20	8' x 20'	\$4.499.00





MAGNA CLIMBING WALL

Integrate learning and movement with a magnet-accepting surface. Each 4" wall panel includes: 66 t-nuts and holes, 20 hand holds (in a variety of styles), Color-coded climbing routes, Red Relief Line®, Educator Guide, and 2" mats with Cordless Mat-Locking® System.

ITEM#	SIZE	PRICE
#830028-D4	. 8' x 4'	. \$1,499.00
#8300228-D12	8' x 12'	. \$4,199.00
#8300228-D20	8' x 20'	\$6,999.00
#830029-DT4	10' x 4'	. \$1,599.00
#830029-DT12	10' x 12'	\$4,599.00
#830029-DT20	10' x 20'	\$6,999.00

DRY-ERASE CLIMBING WALL

The Adaptive Climbing Wall incorporates visual cues to help students travel across the wall. A magnetic whiteboard surface allows you to incorporate extra visual supports and create learning opportunities as well.

ITEM#	SIZE	PRICE
#830020-4	8' x 4'	\$1,199.00
#830020-12	8' x 12'	\$3,499.00
#830020-20	8' x 20'	\$4,499.00
#830021-4	10' x 4'	\$2,349.00
#830021-12	10' x 12'	\$6,999.00
#830021-20	10' x 20' \$	10,999.00



Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

SENSORY ROOM & OT SUPPLIES 27

ADAPTIVE CLIMBING WALL

Create a mindful and purposeful exercise experience for students of all abilities. A magnetic whiteboard surface allows you to incorporate extra visual supports and learning opportunities.

Each 4' dry-erase panel includes 4 grab-bar style hand holds, 2 foot ledges, 66 t-nuts and holes, 20 hand holds (in a variety of styles), Color-coded climbing routes, Red-relief Line®, 2" mats in red or blue, Mat-Locking® System, and Educator Guide.

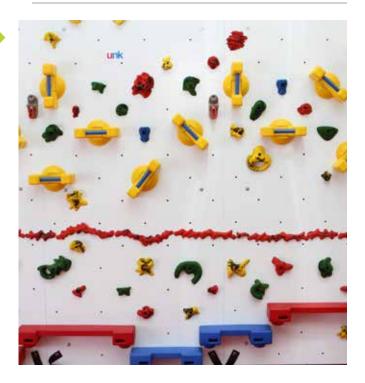
ITEM#	SIZE	PRICE
#830010-20-4	8' x 4'	\$2,349.00
#830010-12	8' x 12'	\$6,999.00
#830010-20	8' x 20'	. \$10,999.00



TYKE TOWER

Get preschoolers climbing to build gross motor skills, problem solving, focus, and more with this innovative freestanding climbing wall. 176 preset placement options allow you to make a wide variety of climbing experiences. Wall encourages students to climb horizontally instead of vertically. Safety mats meet ASTM Standard F1292-14 for impact. The large, easy to grab handholds are color coded by difficulty level and are designed for young children. Easily disassemble the tower and move it outside temporarily, store it, or transport it to another location. Includes four 5' x 4' climbing panels, 16 2" mats, 80 hand hold, and a teacher guide. Recommended for ages 3-6.

#80035-S	STANDARD	 \$7,235.00
#80035-M	MAGNETIC	 \$7,912.00



THE CLIMB-ABLE™ WALL

Designed to give beginning climbers success. It's compact size (only 4' wide) makes this a great option for your sensory room or recreation area. The wall includes 66 pre-drilled holes and 20 WeeKidz® hand holds so that you can create a variety of climbing experiences. This set includes a climbing wall, 20 Hand Holds, and an activity guide. Size: 4' wide and 7.5' tall.

#80030-1	WALL ONLY	\$1,129.00
#80030-2	WALL AND 2" RED MATS	\$1,499.00
#80030-3	WALL AND 2" BLUE MATS	\$1,499.00



28 SENSORY ROOM & OT SUPPLIES



GROSS MOTOR SKILLS STARTUP SET

This set provides balance beams, hoops, poles, bean bags, directional indicators and a user-guide full of activities in one handy carry bag. Perfect set for therapists who work with several facilities. This set can be used with all ages and is great for indoor or outdoor play. Set includes: 12 Half Bricks, 8 Bricks, 4 Hoops (14 inches), 4 Hoops (24 inches), 16 Poles (14 inches), 8 Poles (28 inches), 24 Clips, 10 Bean Bags, 4 piece Balance Beam, 6 pairs of Hand prints, 6 pairs of Footprints and 1 carrying bag. Ages: 3-10

#361055	\$995.99)
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耳 FIGURE EIGHT BALANCE BEAM 🖡

26 interlocking pieces let you build lots of activities to help develop balance, motor planning, body awareness, and more. Connect all or some of the pieces, and build a figure eight, a circle, a wavy path, or a straight line for students to walk across. The various configurations allow students to experiment and challenge themselves. Assembled Size: 118" L x 51" W x 6.25" H

#251006 \$249.99







Your students will love rolling themselves through this mini 'hug machine.' The Squeezer is perfect for students who crave deep pressure and can help calm and center students who are easily overstimulated or hyper-alert. Adjustable bands allow you to provide the right amount of deep pressure for each student. Choose from a single squeezer with two rollers or a double squeezer with four rollers. Recommended for children under 100 pounds. Use with adult supervision. Additional shipping charges apply. Ages 5+.

#261006	SINGLE ROLLER	25" x 23" x 15" 44	\$549.99
#261007	DOUBLE ROLLER	33.5" x 23.5" x 15"	\$749.99
#261008	REPLACEMENT BANDS		\$13.49

ROMANO STAND & CHAIR 💻

Your students will love this super soft hammock chair that's so comfortable to snuggle in. Use it to provide a calming swadding effect as a de-escalation strategy, or as a safe calm down spot in your classroom. Students can gently rock themselves to help with focus and concentration. This is a great option for facilities that don't have space for a swing. The hammock design provides mild vestibular input and is a great alternative when a swing is not available. The chair hangs from an incredibly stable steel frame with a load bearing weight of 353 pounds. Its 5' x 5' footprint makes it perfect for your sensory room or calming area. Set includes steel swing chair frame, chair, and suspension rope. Size: 7' 5" x 5' 3".

#331201 \$559.99





PEAPOD CHAIR

Use the pea pod chair to provide soothing deep pressure and movement opportunities to anxious or stressed students. A great alternative seating choice for fidgety students. Its smaller size won't take up classroom space. Includes a pump and patch kit. Ages 4-10. Max Load: 200 pounds. Size: 26"x28"x22".

#205033 \$89.99



COZY COCOON BEANBAG CHAIR

Your students will love sinking into this extra-large cozy cocoon chair. Use it for a calming corner, story time, or even to take a nap. This six foot cushion can double as a crash pad if you lay it flat. Filled with supportive shredded foam that won't collapse under a teen or adult's weight. Inner liner keeping the foam out of reach. The plush cover easily zips off and is machine washable.

#960201	CHARCOAL \$299.99
#960202	CHOCOLATE \$299.99
#960203	CAMEL \$299.99
#960204	CINNABAR \$299.99
#960205	NAVY \$299.99
#960206	BLACK \$299.99
#960207	ORANGE \$299.99



SOUND SPONGE DIVIDERS

Use these dividers to easily create quiet, small spaces in your therapy center or classroom. The spongy, thick construction is great for creating sound absorbing individual work spaces or to make a separate area for individuals to relax, calm down, or self-regulate. The lightweight design of these dividers make them portable, easy to reconfigure, and compact. Just roll them up for storage. Two low-profile support feet provide stability. Optional support feet and magnetic strip allows you to attach your dividers to a wall for extra support. Comes in Blueberry, Slate Blue, or Natural Tan. Shipping charges apply.

#860002 30" x 6 ft \$599.99
#860003 30" x 10 ft \$885.99
#860033
#860005
#860006 Extra Support Feet \$99.99
#860007 Corner Post \$139.99
#860008 Magnetic Divider Wall Strip \$39.99



BUSY BOARD WALL PANELS

These sturdy wall panels feature activities that encourage sensory integration, hand-eye coordination, fine motor skills, motor planning, and problem solving skills. Several activities provide visual and musical rewards as your students play. Each cute theme features bright colors and an appealing design that will attract and engage your students. Each busy board includes different puzzles, cause and effect toys, and musical instruments. The laminated fiber board easily mounts to most surfaces. They each include five activity boards and hanging hardware. Recommended for students ages 4 and up. Size: 68.5" L x 23.5" H.

#940039	ALLIGATOR	\$229.99
#940052	AIRPLANE	\$299.99

Free Shipping \$99 (Excludes Truck Symbol Items)





ROCKING BOWL

Safely and easily provide vestibular input for your students with these sturdy Rocking Bowls. The curved edge of the bowl provides natural points for your students to hold onto without the worry of smashing fingers for extra security and support. Textured ripples along the bottom of the bowl provide tactile input and keep kids from slipping as they spin and rock. Size: 30 x 30 x 22 inches. Max load: 120 pounds

#T050 \$264.99

CRASH PAD

Your students will love jumping, crashing, cuddling, and relaxing with the crash pad. Great for safely burning off energy, gross motor play, and building body awareness. Or, add it to your calming area as a safe spot for stressed, agitated, or lethargic students to rest. Use it with a weighted blanket to help students calm and de-escalate. The surface is made with a durable blue nylon cover that easily wipes clean. Made with heavy duty industrial stitching and safe long lasting foam. Suitable for students up to 150 pounds. Size: 5' x 5'.

#310091	CRASH PAD	5219.99
#310092	CRASH PAD COVER	\$49.99
#310093	COZY COVER	\$59.99



HUGGING PEAPOD

Easily provide your students the deep pressure they need to help them calm down, focus, and pay attention. This comfy canoe makes a great calm down spot for your classroom, or reading "chair" to assist with focus and concentration. Use it with a clipboard as a homework spot. The strong vinyl construction and triple-welded seams ensures that this therapy resource is built to last. The velvety surface is made with comfortable flocked vinyl. Surface-washable. Latex free. Includes pump for easy inflation.

#102500-3	SMALL BLUE \$89.99
#102500-1	SMALL GREEN \$89.99
#102500-4	MEDIUM BLUE \$99.99
#102500-2	MEDIUM GREEN \$99.99
#102500-6	LARGE BLUE \$159.99
#1102500-5	LARGE GREEN \$159.99

32 SENSORY ROOM & OT SUPPLIES



SUPER SENSORY KIT

This Super Sensory Kit has everything you need to provide a variety of therapeutic tactile experiences in the home or the classroom. A variety of unique therapy toys can help desensitize oversensitive hands or provide a tactile reward for those who crave touch sensations. Use them to strengthen finger muscles and build fine motor strength.

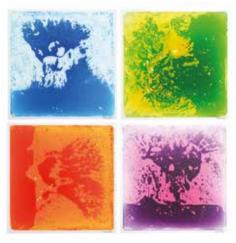
#2147 \$49.99



BURST RESISTANT THERAPY BALL

Use this ball in the classroom to provide lots of movement opportunities for students and help fidgety kids stay seated while working. Use it in your clinic, adaptive PE, or physical therapy program to build and strengthen abdominal, back, and leg muscles.

#200645	XS\$12.99
#200655	S \$16.99
#200665	M \$20.99
	L\$25.99
#20002	XL



GEL TILES 🔺

Your students will love walking on or pushing on these gel tiles and watching the colors move. Gel Tiles work well in sensory rooms, homes, classrooms, and clinics. Place four tiles together to create a calming corner. Use them to encourage sensory seekeng students to jump and stomp the tiles or sit and push the water inside to watch the colors move. Safely use them on your carpet or tile. An anti-slip bottom keeps them from sliding. Size: 20" x 20" x 3".

#690001	SINGLE \$43.99
#690006	SET OF 4 \$169.99
#690007	SET OF 12 \$599.99



RAINBOW STEPPING STONES

Build gross motor skills including motor planning, balance, and more with the colorful rainbow stepping stones set. You can use this extremely durable set in your gym or outside. Flip them over to provide an increased balance challenge. This set includes six 6.5 x 3.5 balance pods in blue, purple, green, yellow, orange, and red.

#200258 \$59.99

Free Shipping \$99 (Excludes Truck Symbol Items)



710



DRESSING FRAMES

Use these sturdy dressing boards to teach independence skills to students such as tying your shoes, snapping, zipping a zipper, or pulling buttons through shirt holes. The flat design allows you to place it across a student's chest for optimal practice.

#820003 \$55.99

WILBARGER THERAPY BRUSH

Designed by Patricia Wilbarger for brushing therapy. The high density bristles provide optimal tactile input. The handle's ergonomic design makes this brush easy to hold and use. Size: 3.5"x 3.2"x 2.2".

#370010-2 2-PACK	\$10.99
#370010-6 6-PACK	\$24.99
#370010-24 24-PACK	\$89.99



THERAPUTTY

A favorite tactile activity of OTs, Theraputty is great for students of all ages. Use it to mold/stretch, play hide and seek with small toys, and so much more. Each color features a different resistance level, from super soft tan to extra firm black. The putty comes in a resealable plastic storage container, never dries out, and is non-toxic. A must have for therapy centers, classrooms, and anywhere with a child who needs help developing fine motor muscles.

1 LB	\$32.99	2 OZ	\$4.99
#212566-T	TAN	#212559-T	TAN
#212567-Y	YELLOW	#212560-Y	YELLOW
#212568-R	RED	#212561-R	RED
#212569-G	GREEN	#212562-G	GREEN
#212570-В	BLUE	#212563-B	BLUE
#212571-Black	BLACK	#212564-Black	BLACK
#212572-6 pack	. 6 PACK \$129.99	#212565-6 pack	. 6 PACK \$19.99

SENSORY BRUSH

This low cost brush is perfect for introducing brushing therapy. Use them to help acclimate children who are sensitive to touch. These brushes make an ideal alerting activity to prepare students with special needs for learning. They are great for those who enjoy brushing and deep pressure touch.

#370400-3	3-PACK		\$8.99
#370400-6	. 6-PACK		\$12.99
#370400-24	24-PACK		\$39.99
#370400-250	250-CAS	Е\$	299.00
#370401	OPTION/	L HANDLE	. \$6.99

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FOUR WAYS TO ORDER

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City, State, Zip Code	City, State, Zip Code
Email	Email
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THANK YOU FOR YOUR BUSINESS!

Interactive Reading Books Help You Use Visual Strategies to Promote Literacy

Anyone who has vision can benefit from visual strategies, especially visual learners. Students on the Autism spectrum are especially prone to be visual learners and benefit from the use of pictures when attempting to access and convey information.

Using visual strategies to promote literacy:

Interactive Reading Books were designed to build literacy while also meeting common IEP goals around a variety of academic subjects.

Each book includes full color picture cards you can use for matching, picture identification, and labeling activities. Use them to build vocabulary, comprehension, fluency, memorization and retention skills.

The IEP goals incorporated in each book were developed based on interviews with Speech and Language Pathologists across the US. Each book is laminated for years of use in the classroom or clinic and includes a set of Velcro-backed, full color picture cards. Designed for students ages 3-10 of varying abilities and reading levels.

- Capitalizes on visual learning styles that are especially helpful to students with developmental delays and those on the Autism spectrum.
- Based on IEP goals currently used in educational programs across the United States.
- Offer seven levels of activities that allow for a range of ages and abilities.
- Are developmentally based and developmentally appropriate.
- Allows children to work at their own rate.
- Support ESL learners by providing visual information for unfamiliar words.
- Are in compliance with and have met educational standards requirements with the California Department of Education.

By Joan Green a winner of the LAUSD Teacher of the Year awards, and a member of the National Autism Resources advisory board.



INTERACTIVE READING BOOKS 📥

#460501 FULL SET	\$319.99
INDIVIDUAL BOOKS	
#460511	HOW MANY?
#460512	WHAT COLOR IS IT?
#460513	I GO TO SCHOOL
#460514	THINGS I DO AT HOME
	ACTION!
#460522	SOUNDS GOOD TO ME!
#460523	. THE UPS AND DOWNS OF OPPOSITES
	HOW DO I FEEL?
#460531	I HAVE FEELINGS TOO!
#460532	WHAT HAPPENED AND WHY?
#460533	PIGS IN SPACE
#460534	WHO'S ON FIRST?
#460541	MEET THE WORD FAMILY
#460542	WHAT'S IT FOR?
#460543	WHAT DO I SAY?
#460544	WHAT DO I DO?

"We are so thrilled with your Interactive Reading Books! I have a pediatric practice and my clinicians are finding these books to be invaluable for children with emerging language skills. They are easy to use, require no preparation and are highly motivating. Thank-you!" - Patti Hamaguchi- M.A.,CCC-SLP

Visual Support Starter Set

I Feel

Done

To-Do

hen

Then

- Includes Our Most
 Popular Visual Supports
 - Laminated & Durable
 - Easy to Use
 - Made in the USA

See Page 20